

# The first four weeks matter.



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One out of three people will develop chronic pain from a car accident if not identified and treated effectively within the first four weeks. At Therapy Works Physical Therapy we evaluate your symptoms and design a research based program to help get you better.

Our therapists will educate you on proper movement, help you understand your injury and develop a personalized program for strengthening and healing. We have the experience to address your symptoms early on.

Let's make those first four weeks count.

*Research based painfree exercises in a private gym.*

*Education in pain, self care and movement.*

*Addressing related symptoms such as headaches,  
numbness, arm and leg pain.*

*On Site Massage.*

*Pool Therapy.*

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**We get you. Better.**

*Meg Navish, PT | Owner*

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